

Carissa Spa Menu

TOUCH THERAPY

Swedish Massage

60/90 mins

THB 1,650 / 2,150

This traditional Swedish body massage combines continuous and rhythmic movements with the effects of essential oils for physical and emotional soothing and well-being.

Sport Massage

60/90 mins

THB 1,650 / 2,150

A deep tissue massage technique is used to relax tense muscles throughout your body. Focusing on muscle strength release and ease of tired joints, this treatment is ideal for sports men and women before or after extensive exercise.

Asian Massage

60/90 mins

THB 1,650 / 2,150

This Asian massage is an evolution of the Thai traditional massage technique. Combining essential oils with a wonderful fusion of movement, it promotes total well-being of body and mind.

Back Fix & Head Massage

60 mins

THB 1,650

Concentrating on the Head, Back and Shoulders, this back fix massage will leave you feeling calm, revitalized and tension free.

Royal Thai Massage

60/90 mins

THB 1,350 / 1,850

The unique Thai traditional massage features muscle compression, joint mobilization, acupressure and a series of yoga-like stretches that make this massage technique a classic. The result is physical and mental balancing.

Thai Hot Herbal Compress

60/90 mins

THB 1,650 / 2,150

A traditional herbal recipe of Prai root, tamarind leaves, turmeric, bergamot peels, camphor, lemongrass and black herbal seed steamed in the cotton - encased poultices applied directly to the body through massage. The herbal heat penetrates and relaxes fatigued muscle.

Pregnancy Massage

60/90 mins

THB 1,650 / 2,150

A deeply nourishing body massage designed for the mother to be or a brand new mom between over 4 months until 8 months. Our therapist will help to relax and rebalance your mind, body and soul.

FOOT THERAPY

Foot Massage

60 mins

THB 950

This refreshing foot and leg massage releases tired and exhausted feet and legs through a combination of Asian herbal products and muscle stimulation.

Foot Pampering

60 mins

THB 1,150

A pampering spa experience for feet utilizing our luxurious herbal foot care range. A wonderful treatment for total relaxation.

CARISSA SIGNATURE TREATMENT

Hot Coconut Oil Massage

60/90 mins

THB 1,650 / 2,150

A gentle hot oil massage that works on the entire body using a hot coconut oil massage can soothe relax and relieve muscle tension, increase blood circulation and help strengthen and tone the muscle.

Indian Head Massage

30/60 mins

THB 790 / 1,500

A relaxing head massage with warm coconut oil, using gentle and stimulating techniques, this treatment improves blood flow, promote healthy hair regrowth, nourishes the scalp and induces a deep sense of calm.

Island Coconut Body Scrub

60 mins

THB 1,800

Coconut oil is rich in Vitamin E and has anti-oxidant substance to moisture your skin. Aids in the removal of excessive dead skin cells and strengthens new skin tissues. Protect and soothes the skin from irritation caused by heat and sunlight, while reducing roughness and boosting natural moisture to leave your skin soft and smooth.

All prices are subjected to additional 7% government tax and 10% service charge

DERMALOGICA FACIAL THERAPY



Skin Purifying

75 mins

THB 1,750

The best treatment suited for Oily skin. Helps absorb excess oils from the skin's surface, removing dead skin cells and surface impurities while refining skin's textures.

Refreshing

75 mins

THB 1,750

Ideal for Dehydrated skin condition. This treatment focuses on deep hydration. Each step aims to bring moisture back to your skin. Attract moisture and bind it to skin, leaving it hydrated and supple while prevent moisture loss.

Anti - Ageing

75 mins

THB 2,150

Suitable for Pre-mature Ageing skin. Helps revitalize, encourage firmness, elasticity. Delivers anti-oxidant vitamin, reduce sign of aging and environmental stress while enhancing barrier properties and promoting healthy tissue regenerate.

Facial for Men

75 mins

THB 1,750

A deep cleansing and purifying facial designed exclusively for men. This treatment leaves the skin feeling youthful and balanced.

After Sun Facial

40 mins

THB 1,650

An incredible soothing treatment that helps to repair damage skin from exposure to UV sunlight as it helps to cool sunburn and reduce discomfort.

Express Facial Massage

30 mins

THB 1,150

Express facial massage is a mini facial treatment to naturally uplift the face. You will receive a cleanse, compress, and a deep pressure point massage. Every skin condition can benefit and enjoy the benefits of this facial.

The perfect body scrub with a variety of choices to stimulate circulation and remove dead skin and calms your mood, leaving your mind clear and your skin soft, fresh and ideally hydrated.



Exotic Lavender 60 mins THB 1,800
 Body Cream Scrub
 Repairs skin and gives it a healthy glow, prevents skin dryness.

Sea Pearl Paradise Salt Scrub 60 mins THB 1,800
 To rejuvenate skin, deeply cleanse and nourish.

Mineral & Rain Forest Salt Scrub 60 mins THB 1,800
 To revitalize skin, refresh, relax and rejuvenate.

Green Tea Body Mask 60 mins THB 1,800
 Green Tea Body Mask is high in antioxidants that promote beautiful, healthy, vibrant skin. A body wrap can cleanse the body of toxins as well as slim, tone and improve the texture of skin. This body wrap is a great way to rejuvenate the mind, body and spirit.

Post Sun Rejuvenation 60 mins THB 1,800
 This soothing wrap uses the calming and healing properties of Aloe Vera to rehydrate the skin, leaving it fresh and cool. Protects the skin against the environment. This treatment will help you maintain your tan longer

Feel Good Booster 30 mins THB 950
 (Aromatic Floral Milk Bath)
 Treat yourself with a body bath with essential oils and herbs. The inhalation of herbal essential oils will enliven the whole body and mind, enhancing your mood and lifting anxiety and depressive moods.

Carissa Spa Menu

LUXURIOUS PACKAGE

For Her or For Him ♀♂

Body & Mind Recovery

Rejuvenate your skin, release the knots, remove toxins & receive a specialized therapy for your tired body from head to toe.

- Swedish Massage
- Foot Massage
- Indian Head Massage with warm oil

120 mins

THB 2,900

Me Time

Be a "new you" with a facial treatment and a body massage. Let your inner beauty emerge.

- Massage of your choice
- Skin Purifying Facial Treatment

135 mins

THB 3,580

Mindfulness

Stimulate your entire body with a body scrub and a massage of your choice, resulting in smooth and soft skin.

- Body Scrub of your choice
- Massage of your choice

120 mins

THB 3,580

Carissa Spa Signature Treatment

Relax, rejuvenate and detoxify your body.

- Island Coconut Body Scrub
 - Foot Massage
 - Hot Coconut Oil Massage
 - Foot care: cut, file & nourishing excl polish
- excludes polish 15 minutes

135 mins

THB 3,680

Carissa Pampering Retreat

Be pampered in pure luxury for three hours spa experience.

- Floral bath
- Sea Pearl Body Scrub
- Swedish Massage
- Skin Purifying Facial

180 mins

THB 4,980

For Couples

Couples Massage

Enjoy a massage together in our dedicated couple's room.

- Massage of your choice of 60 mins

60 mins

THB 3,380

Bubble Away

(for 2 persons)

Capture the romance with your love one

- Aromatic floral milk bath

90 mins

THB 4,980

Romance for couple

- Aromatic & Milk Bath
- Couple Massage
- Couple Body Scrub

120 mins

THB 6,480

Couple retreat

- Couple massage
- Couple skin purifying facial treatment

135 mins

THB 6,580

Day Retreat Program

- Foot massage
- Choice of Massage
- Choice of body Scrub
- Choice of Dermalogica facial treatment
- Complimentary Sauna

4 hrs 15 mins

Special Price :
Single THB 5,580
Couple THB 10,580

All prices are subjected to additional 7% government tax and 10% service charge